

A. *Blueprint Skala Body Image*

No.	Aspek	Aitem	
		Favorable	Unfavorable
1.	Evaluasi penampilan	6, 33, 23, 9	14, 22, 1, 5
2.	Orientasi penampilan	15, 2	24, 26
3.	Kepuasan terhadap bagian tubuh	7, 16, 17	11, 8, 25
4.	Kecemasan menjadi gemuk	18, 19, 32	27, 35, 10, 28, 3
5.	Pengkategorian ukuran tubuh	29, 20, 31, 12	30, 34, 13, 21, 4
Total		16	19